

March 2020

Keene Adventist Elementary School

LUNCH

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Nutrition Tip: March is National Nutrition Month! To celebrate try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

Monday

Tuesday

Wednesday

Thursday

Friday

Nachos
Pinto Beans
Mix Vegetables
Fruit
Milk

2

Calzone
Chips
Cucumber Salad
Marinara Sauce
Fruit Juice
Milk

3

Baked Potatoes
Chili Beans
Dinner Rolls
Broccoli
Fruit
Milk

4

Ravioli
Garlic Bread
Cauliflower
Spring Mix Salad
Fruit
Milk

5

Hot Dog
Tater Tots
Celery Sticks
Cheese Strings
Dessert
Fruit Juice
Milk

6

Crunchy Tacos
Refried Beans
Spanish Rice
Salad Bar
Fruit
Milk

9

Grilled Cheese
Tomato & Basil Soup
Chips (Goldfish)
Cucumber Salad
Fruit Juice
Milk

10

Mac & Cheese
Garlic Bread
Broccoli
Salad Bowl
Fruit
Milk

11

Hot Dog
Curly Fries
Carrot Sticks
Cheese Strings
Dessert
Fruit Juice
Milk

12

NO LUNCH
School Out @ Noon

13

Spring Break!!

16

17

18

19

20

Haystacks
Pinto Beans
Salad Bar
Sour Cream/Salsa/Cheese Cup
Fruit
Milk

23

Deli Sandwich
Chips
Tomato/Lettuce/Pickles
Soup
Fruit Juice
Milk

24

Frichik n'Noodles
Garlic Bread
Spring Mix Salad
Green Beans
Fruit
Milk

25

**** Brunch ****
Waffles/ Breakfast
Burritos
Hashbrowns/Yogurt
Scrambled Tofu
Fruit
Milk

26

Hot Dog
Curly Fries
Baby Carrots
Cheese Strings
Dessert
Fruit Juice
Milk

27

Cheese Pizza
Green Beans
Cucumber Salad
Fruit Juice
Milk

30

Potato & Cheese
Taqitos
Spanish Rice
Mix Vegetables
Salad Bar
Fruit
Milk

31



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