

SEPTEMBER

2020

Keene Adventist Elementary School



m

Beaf Stroganoff, Parsley Butter Egg Noodles, Peas and Carrota, Dinner Roll

1.

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Deli Salami Sandwich on a Hoagie Roll, House Chips, Orange Wedges.

2.

w

Chicken Tenders with Chef's Dipping Sauce, Parmesan Potato Wedges, Roasted Green Beans Homemade Apple Sauce sweetened with Natural Sugar

3.

th

Early Release No Lunch

4.

f

Holiday No Lunch

7.

Hay Stacks- Tortillas, Lettuce, Diced Tomatoes, Pinto Beans , Cheese, Sour Cream and Picante Salsa.

8.

Italian House Salad, Veggie Chiken Alfredo, Roasted Broccoli, Bread Stick

9.

Orange Chiken, Vegetable Fried Rice, Asian Vegetables, Scripture Fortune Cookies

10.

Big Frank Hot Dogs , Curly Fries, Cucumber and Grape Tomato Salad, Mustard, Sweet Relish and Ketchup

11.

Cheese and Chorizo Quesadilla, Cilantro and Lime Rice, Refried Bean and Watermelon Cup.

14.

Chicken Parmesan Rice Pilaf, Sautéed Green Beans and a Dinner Roll

15.

Veggie Cheese Burger on Sesame Seed Bun , Lettuce, Tomatoes, Pickles, Mayo, Mustard and Ketchup Tater Tots and a Brownie.

16.

Ramien Noddle Fresh Veggie Salad Oriental Dressing., Thai Style Meatballs and Steamed Rice.

17.

Veggie Meat Lovers Cheese Pizza, House Salad, Mandarin Oranges.

18.

BBQ Fry Chick, Buttered Corn and Zucchini , Mac and Cheese Tex Toast .

21.

Grilled Cheese Sandwich, Zucchini Fries, Tomato Bisque Soup. Orange Wedges

22.

Chef's Launch-able Meal , Deluxe Crackers, Diced Cheese, Cold Cuts, Grape Cup, Celery and Carrot Sticks, Ranch Dip, Home Baked Chocolate Chip Cookie

23.

Beaf Fajita, Charro Beans , Tex Mex Rice , Flour Tortillas and Pineapple Cup

24.

Corn Dog,, Mustard Ketch Up Celery and Carrot Sticks, Ranch Dip, Tater Tots and Chocolate Chip Cookie

25.

Sloppy Joe, Cole Slaw, Waffle Fries and a apple

28.

Baked Spaghetti, Roasted Broccoli, Garlic Bread Stick and Lemon Bar

29.

Baked Bean and Cheese Chimi Changa, Yucca Fries Salsa Dip, and Tex Mex Pineapple Cole Slaw

30.

Special Announcements:

Water or Juice is included with meals.

All meals are vegetarian.

Place your order at: <https://forms.gle/6G7ANUBsiisCakXW8>



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
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